



**FOOTBALL
SCHOOL**

JGI JAINSPORTS



***Where Young Athletes Learn, Live & Train
the Manchester City Way***

JAIN GLOBAL CAMPUS | KANAKPURA - KARNATAKA

ABOUT JAIN SPORTS

Where sport meets structured excellence.

JAIN Sports is a visionary initiative under The JGI Group, one of India's most respected names in education and sports. Built on The JGI Group's 30-year legacy of sporting excellence, with 9 Olympians, 3 Paralympians, over 550 national and 250 international athletes, JAIN Sports carries forward this tradition of nurturing India's finest talent.

MISSION

To deliver holistic athlete development through world-class coaching, integrated academics, sports science, and global partnerships, building a sustainable sports ecosystem that nurtures talent from grassroots to elite levels and creates opportunities for every athlete to train, grow, and inspire.

VISION

To build India's most advanced and inclusive sports ecosystem, empowering athletes to achieve global excellence through world-class training, education, and opportunity.



CORE OFFERINGS

- ▶ High Performance Training Centers
- ▶ Athlete Management & Representation
- ▶ Sports Science & Research
- ▶ Grassroots Development
- ▶ Structured Academic Integration
- ▶ Brand & Strategic Partnerships
- ▶ Financial Support via JAIN Sports Foundation

VISION 2036

Vision 2036 reflects JAIN Sports' long-term mission to develop medal contenders and professional athletes for the 2036 Summer Olympics and Paralympics, and International professional leagues across multiple disciplines.

Through a structured, data-driven Long-Term Athlete Development (LTAD) model, JAIN Sports nurtures athletes from grassroots participation to elite international performance.

Our goal is to create India's most inclusive and sustainable sports ecosystem — integrating education, sports science, and mentorship to shape the champions of tomorrow.



OUR VALUES

- ▶ **Excellence:** We strive for higher standards on and off the field
- ▶ **Passion:** Our love for the game drives continuous innovation
- ▶ **Perseverance:** We grow the game at every level
- ▶ **Community:** We aim to inspire and uplift through football
- ▶ **Integrity:** Respect and fair play guide all we do

THE VISION

Shaping the Next Generation of Footballers

At JAIN, we believe sport shapes character, fuels ambition, and prepares young student-athletes for the future. Through our partnership with Manchester City Football Schools, we combine world-class football methodology with a trusted academic and residential ecosystem.

Together, we are building India's most development-focused pathway for young athletes.



FROM JAIN GROUP LEADERSHIP

“ Partnering with Manchester City is a defining milestone in JAIN Sports' vision to build India's most holistic sports ecosystem. Globally recognized for elite youth development, advanced coaching methodology, and a culture of excellence, Manchester City sets the benchmark for developing champions on and off the field. This collaboration brings their world-class expertise directly to young athletes in India.

Our commitment is to Train. Grow. Inspire. Together, we aim to nurture talent at scale and shape future leaders grounded in discipline, resilience, and global sporting values.

- JAIN Group Leadership



FROM MANCHESTER CITY FOOTBALL SCHOOLS

“ We are pleased to partner with JAIN Sports to bring Manchester City's football education approach to more young players in India. This collaboration reflects our shared commitment to helping young people grow through sport, both on and off the pitch.

By combining our coaching expertise with JAIN's focus on student-athlete development, we aim to deliver a high-quality program that supports both athletic progression and personal growth.

- Manchester City Football Schools



OUR COMMITMENT

- ▶ Balanced excellence: Education and football, equally strong
- ▶ A safe, professionally managed residential environment
- ▶ A long-term pathway: U-12 → U-14 → U-16
- ▶ A culture of discipline, character, and wellbeing
- ▶ Shaped by global standards and trusted academics.

A place where young athletes dream boldly, train purposefully, and grow responsibly.

THE PROGRAM

A Fully Integrated School-Sport Ecosystem

A Manchester City Football Schools at JAINSports is a fully integrated AIFF-accredited residential academy where a young athlete's school life, training schedule, and daily routine operate as one unified system. This structure ensures balance, clarity, and long-term development for every student-athlete.

A DAILY RHYTHM DESIGNED FOR STUDENT-ATHLETES

Every day is planned to help children learn, train, and grow without overload. The integrated schedule includes:

- ▶ Quality academics with Jain Public School
- ▶ Afternoon football training aligned with City methodology
- ▶ Supervised evening study hall
- ▶ Built-in rest, recovery and wellbeing periods
- ▶ Routines that build discipline, confidence and consistency

This alignment creates a smooth, predictable environment where student-athletes can focus and flourish.



A RESIDENTIAL ENVIRONMENT THAT BUILDS CHARACTER

Boarding life is an essential part of the program. It teaches students to take responsibility for themselves and their community. Students develop:

- ▶ Independence & self-management
- ▶ Respect for routines and discipline
- ▶ Social maturity & teamwork
- ▶ Healthy habits that support long-term growth

Residential life is not separate from academics and sport - it is part of the learning journey.

A CLEAR MULTI-YEAR DEVELOPMENT PATHWAY

The program offers a structured progression from foundation to performance levels:



Each stage reflects a student-athlete's academic maturity, physical growth, and football understanding - giving parents confidence in the long-term plan.

WHO THIS PROGRAM IS FOR

- ▶ Boys belonging to the age category U-12, U-14 & U-16.
- ▶ Families seeking a school + boarding + football integrated environment
- ▶ Students who thrive with structure, routines, and guided development
- ▶ Young athletes committed to long-term growth on and off the field

A cohesive residential program where academics, boarding and football work together



THE MANCHESTER CITY WAY

A Football Philosophy Built for Modern Champions

THE CITY PHILOSOPHY

Our approach is shaped by five core principles used across Manchester City Football Schools worldwide.

These principles guide every session and shape how student-athletes learn, interact, and compete.

AGE-APPROPRIATE FRAMEWORK

Training follows a clear, progressive curriculum designed for young grassroots and academy athletes.

- ▶ Defined, age-specific training model
- ▶ Weekly technical and tactical themes
- ▶ Sessions connected to real game situations
- ▶ Positive, engaging coaching environments

This ensures learning remains structured, enjoyable, and linked to long-term development.



CONSISTENT TRAINING QUALITY

We create an environment where student-athletes feel supported, challenged, and inspired.

- ▶ Clear session objectives
- ▶ Player-centred teaching
- ▶ Ongoing coach development
- ▶ Safe, enjoyable learning environments

Consistency across age groups ensures that every student-athlete receives high-quality guidance every day.

OUR CAMPUS

A Strong Academic Ecosystem - Jain Public School



Set inside JAIN's 350-acre Global Campus, the Manchester City Football School operates within a secure, professionally managed environment designed around education, football, and wellbeing.

FOOTBALL FACILITIES DESIGNED FOR DEVELOPMENT



- ▶ AIFF accredited academy & campus
- ▶ FIFA Standard 11-a-side & 9-a-side natural grass pitch.
- ▶ 11 a side Artificial - Floodlit turf pitch (under construction)
- ▶ Strength & conditioning facility built for youth football
- ▶ Advanced sports science support
- ▶ Recovery & mobility sessions for injury prevention
- ▶ Spaces for theory, video analysis & tactical learning
- ▶ Training Grids for technical & functional sessions

A STRONG ACADEMIC ECOSYSTEM - JAIN PUBLIC SCHOOL



- ▶ Purpose-built classrooms with CBSE curriculum
- ▶ Experienced & supportive teaching faculty
- ▶ Daily academic timetable aligned with training load
- ▶ Supervised evening study hall with mentoring support
- ▶ Continuous academic tracking & monthly updates
- ▶ Focus on balancing performance, learning & well-being

SAFE, STRUCTURED RESIDENTIAL ENVIRONMENT



- ▶ Separate, secure accommodation blocks for students
- ▶ Trained wardens & pastoral staff on every floor
- ▶ Daily routines that build discipline, hygiene & responsibility
- ▶ Structured lights-out, study & meal schedules
- ▶ Emotional and social development supported through mentoring
- ▶ 24x7 safety monitoring across residential zones

HEALTH, NUTRITION & WELLBEING



- ▶ Athlete-focused dining with balanced, nutritious meals
- ▶ On-campus medical center for regular care
- ▶ Physiotherapy & sports science assistance
- ▶ Clean, safe & closely monitored living environments
- ▶ Strong emphasis on sleep, recovery and holistic wellness
- ▶ Multi-Fitness Gym for strength training

OUR TECHNICAL LEADERSHIP

Terry Phelan - Former Manchester City & Republic of Ireland International

Our technical direction is led by Terry Phelan - former Premier League defender, World Cup player, and one of India's most respected football educators. He brings global insight and disciplined methodology to ensure our training meets international standards.



TERRY PHELAN

Program Director & Technical Advisor

Former Manchester City • Republic of Ireland
International • UEFA-Licensed Coach

CAREER HIGHLIGHTS

- ▶ Played for Manchester City, Chelsea, Everton, Wimbledon, Leeds United, Fulham
- ▶ Represented Ireland at the 1994 FIFA World Cup (USA)
- ▶ 20+ years of coaching across UK, USA, and India
- ▶ Mentor to several professional players
- ▶ Former Director of Football Development at leading academies
- ▶ Football analyst for Sony Sports India

HIS LEADERSHIP ROLE

Terry oversees the technical standards that define the program, ensuring training quality remains aligned with global youth development practices.

He contributes to:

- ▶ Setting training principles & session standards
- ▶ Long-term development planning across U12-U18
- ▶ Coaching mentorship & methodology alignment
- ▶ Player evaluations and development insights
- ▶ Creating a safe, positive, high-performance environment

“To build a footballing culture rooted in excellence, discipline, and opportunity giving Indian players the same quality environment as Europe.

- Terry Phelan

HOW WE TRAIN

Developing Intelligent, Confident, Modern Players

Young student-athletes develop best in a structured environment with clear principles, purposeful training cycles, and positive coaching. Our training model is shaped by Manchester City Football Schools and guided by Terry Phelan's technical leadership - ensuring every session builds intelligence, creativity, and confidence.

THE PILLARS OF PLAYER DEVELOPMENT



Technical Development



Tactical Understanding



Physical Literacy (age-appropriate)



Psychological Growth



Personal Advancement



Healthy Lifestyle Development



WEEKLY TRAINING STRUCTURE

- ▶ 10-12 hours of on-field training sessions
- ▶ 3-4 hours of physical development sessions
- ▶ Matchplay and game-based learning scenarios
- ▶ Technical & Tactical Development
- ▶ Regeneration, Mobility & Recovery routines
- ▶ Over 1,000 hours of football annually

PLAYER-CENTRIC DEVELOPMENT SUPPORT

- ▶ Individual Development Plans (IDPs)
- ▶ Session objectives linked to student-athlete needs
- ▶ Performance Monitoring & periodic evaluations
- ▶ Age-specific progressions
- ▶ Positive, player-centered coaching interactions

THE TRAINING ENVIRONMENT

- ▶ Safe and enjoyable
- ▶ Demanding yet supportive
- ▶ Clear in instruction
- ▶ Focused on ball-contact and decision-making
- ▶ Consistent across coaches and age groups



This ensures that every athlete experiences the same professional standard of teaching, learning

HOW WE COMPETE

A Structured Competitive Pathway for Growth

Our structured competitive pathway exposes student-athletes to the right level of challenge at the right time, translating high-quality training into meaningful match performance. Through age-appropriate competition, young athletes develop tactical awareness, resilience, decision-making, and competitive confidence within.

THE COMPETITIVE PATHWAY

*As each cohort matures,
teams progress into:*

U-12



U-14



U-16



U-17/18

(Ages 10-11)

(Ages 12-13)

(Ages 14-15)

(Ages 16-17)

Preparation
Phase

Development
Phase

Competition
Phase

Reflection
Phase



COMPETITIONS & EXPOSURE OPPORTUNITIES

Players participate in a carefully planned set of competitions:

- ▶ AIFF Youth League - Junior & Sub Junior Teams (subject to selection)
- ▶ Karnataka State Youth Premier League
- ▶ BDFA Leagues & Approved district competitions
- ▶ DPDL, TAL, TCL & Other Private Tournaments
- ▶ CBSE Cluster/Nationals & other Inter-School Tournaments.
- ▶ Invitational Tournaments & Football Festivals
- ▶ Inter-Academy Friendlies against reputed academies/clubs
- ▶ International Exposure Trips & Player Development Camps
- ▶ Video-Led match reflections & feedback sessions

THE PLAYER SEASON (YEARLY CYCLE)

PREPARATION PHASE

DEVELOPMENT PHASE

COMPETITION PHASE

REFLECTION PHASE

OUR COMPETITION PHILOSOPHY

- ▶ Develop confident, intelligent decision-makers
- ▶ Encourage creativity and freedom of expression
- ▶ Promote resilience, adaptability, and game awareness
- ▶ Champion respect, teamwork, and sportsmanship
- ▶ Prioritise long-term learning over short-term results

A student-athletes's confidence, character, and football understanding are shaped as much by how they compete as how they train.

PATHWAYS & OUTCOMES

Opportunities in Football, Education & Beyond



The Program is built on the belief that every young athlete must have a clear, achievable, long-term pathway.

Not every child becomes a professional footballer - but every child deserves structured growth, strong academics, and a future full of possibilities.

1. FOOTBALL PATHWAYS

A structured U12 → U14 → U16 progression supported by Manchester City methodology, competitive exposure, and continuous evaluation.

- ▶ Progression through internal high-performance phases (U-14 → U-16 → advanced/elite youth levels)
- ▶ National & State level visibility
- ▶ ISL / I-League youth team visibility
- ▶ Progression within an elite, high-performance academy environment
- ▶ India & International football pathways
- ▶ International exposure programs and long-term development tours

2. ACADEMIC PATHWAYS

A strong & structured academic and career pathway designed to support long-term development alongside elite football training.

- ▶ Strong CBSE schooling through JAIN Public School
- ▶ Career Guidance & Counselling Support
- ▶ Undergraduate degrees at JAIN University
- ▶ Postgraduate progression at JAIN University
- ▶ Mentorship for international UG & PG applications
- ▶ Merit-based academic scholarships for high-performing student-athletes

3. FUTURE CAREERS IN SPORT

For students passionate about staying in the sports ecosystem, exposure to future careers includes:

- ▶ Sports Science & Strength Conditioning
- ▶ Performance Analysis & Data Science
- ▶ Physiotherapy & Athlete Rehabilitation
- ▶ Grassroots & Youth Coaching
- ▶ Sports Management & Operations
- ▶ Sports Marketing & Sales
- ▶ Sports Media & Journalism



We prepare young athletes not just for the next match - but for the next stage of their lives.

ADMISSIONS

Your Journey to Joining the Program

Competition plays a central role in developing intelligent, confident footballers.

At the Manchester City Football School at JAIN Sports, student-athletes follow a season-long competitive program designed to challenge them at the right moments and ensure they gain the experience needed to progress through national pathways.

ADMISSIONS PROCESS

A simple 5-step journey from inquiry to enrollment.



ANNUAL FEE STRUCTURE (ALL-INCLUSIVE)

CBSE Schooling + Full Residential Boarding	Included
Designed Football Training Program	Included
Coaching, Matches & Festivals	Included
Daily Strength, Conditioning & Recovery	Included
Access to pitches, gym & training facilities	Included
Competition participation (as applicable)	Included
Match analysis & Individual Development Plans	Included
Athlete-focused dining & nutrition plans	Included
Monthly academic tracking & teacher support	Included
Travel for tournaments/exposure trips	Additional
Personal gear purchases (boots, shin guards, training apparel)	Additional

No hidden charges. Clear inclusions. Premium value.

(Get in touch)

MERIT-BASED SCHOLARSHIPS

A limited number of scholarships are awarded annually, at the discretion of the technical team.

- ▶ Exceptional footballing talent
- ▶ Students demonstrating outstanding commitment
- ▶ Players showing significant in-year improvement

Scholarships are reviewed annually, giving every student-athlete the opportunity based on performance, discipline and development.

STUDENT LIFE

A Balanced Daily Rhythm for Young Athletes

Life at the program is designed to help young student-athletes grow comfortably in a safe, organised residential environment. Every day blends academics, football, nutrition, recovery, study, & rest - ensuring stability and healthy routines.

DAILY ROUTINE

-  6:30AM : Wake Up
-  6:30 AM-7:30 AM : Personal Readiness
-  7:30 AM-8:30 AM : Healthy Breakfast
-  8:30 AM-9:00 AM : School Prep
-  9:00 AM-12:30 PM : Academic Excellence (JPS)
-  12:30 PM-1:30 PM : Lunch Break
-  1:30 PM-3:15 PM : Academic Excellence (JPS)
-  3:20 PM-4:00 PM : Pre-Training Fuel & Prep
-  4:00 PM-5:45 PM : High Performance Training
-  6:00 PM-6:45 PM : Hydration, Shower & Relax
-  6:50 PM-7:50 PM : Homework & Revision
-  8:00 PM-8:45 PM : Nutritious Dinner
-  8:45 PM-9:45 PM : Supervised Wind-Down Time
-  9:45 PM : Lights Out

Note: The above schedule is indicative and may be adjusted based on academic & training requirements.

RESIDENTIAL LIFE

A safe, nurturing environment managed by trained wardens and pastoral staff.

- ▶ Clean, well-supervised rooms
- ▶ Age-appropriate routines
- ▶ Daily attendance, check-ins, & room monitoring
- ▶ Laundry and hygiene oversight
- ▶ Rules promoting discipline and independence



STUDENT ACTIVITIES

- ▶ Interactive classroom learning and academic enrichment
- ▶ Life skills workshops (decision-making, financial literacy, time management etc.)
- ▶ Leadership, values, and character development sessions
- ▶ Team-building & collaborative learning activities
- ▶ Recovery, wellness, & healthy lifestyle education
- ▶ Educational excursions and supervised outings
- ▶ Personal mentoring and guidance from experienced staff

WELLBEING & SAFETY

- ▶ 24x7 campus security and controlled entry
- ▶ Pastoral care for emotional and social wellbeing
- ▶ Regular health checks
- ▶ Physiotherapy support
- ▶ Balanced schedules that prevent overload

THE JAIN GROUP LEGACY

Where sport meets structured excellence.



ABOUT

JAIN Group is a premier education provider, entrepreneurial hub, and sports powerhouse in India, committed to innovation and excellence. Its educational institutions offer cutting-edge curricula and world-class infrastructure. Alongside nurturing budding entrepreneurs with incubation support, JAIN Group fosters athletic talent, thus making a mark in both the sports and business world.

In 2023, JAIN University was honoured with the Rashtriya Khel Protsahan Puruskar by the Ministry of Youth Affairs and Sports, Government of India, for its outstanding efforts in identifying and nurturing budding sports talent.

HISTORY IN SPORTS

3

Paralympians

9

Olympians

15

Cricketers
Represented
India

250

International
Athletes

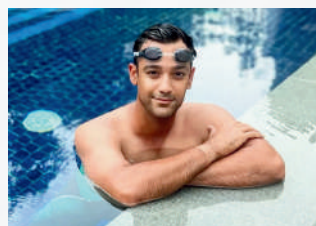
550

National
Athletes

NOTABLE ALUMNI & CURRENT STARS



PANKAJ ADVANI
Snooker



REHAN PONCHA
Swimming



ROHAN BOPANNA
Tennis



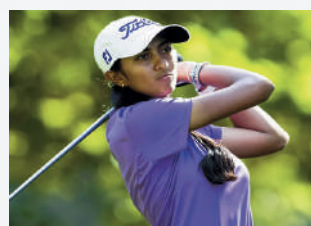
KL RAHUL
Cricket



ANUP SRIDHAR
Badminton



ROBIN UTHAPPA
Cricket



ADITI ASHOK
Golf



SRIHARI NATARAJ
Swimming

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